

## Supporting Our Community

The UF Sports Performance Center believes in giving back to our community. We proudly support events that foster active living and do greater good. We also provide team and group educational sessions.

### We proudly Sponsor Florida Track Club Running Events

See all events at: <http://www.floridatrackclub.org> [1]

### Other Sponsored and Guest Events

- Ladies Professional Golf Tour Volunteer Events
- “UF Health Sports Performance Center and Golf Analysis”
- Physics of Football at Cade Museum (an educational event in conjunction with the Gainesville Boys and Girls Club and Danny Wuerffel)
- Town of Tioga Haven Hospice Run
- United Way Run, Downtown Gainesville 2012-present
- Newnan’s Lake Run 2012-present
- Five Points of Life Marathon and EXPO
- Lawton Chiles Fun Run
- Kanapaha 5K Race & Walk
- Tom Walker Half Marathon Run
- Alachua County Health Fairs



[2]

## **UF SPC Provides Team Educational Sessions**

### **Topics:**

- Running form, hydration and nutrition, overtraining and more
- Girls on the Run Educational Community Dinner guest speakers
- Regional High School talks with athletes and their families

UF Health is the proud sponsor for the Florida Generals Lacrosse Program.

**Source URL:**<http://ufsportsperformance.com/community>

### **Links**

[1] <http://www.floridatrackclub.org> [2]

[http://www.ufsportsperformance.com/sites/ufsportsperformance.com/files/imagepicker/1/IMG\\_0618.jpg](http://www.ufsportsperformance.com/sites/ufsportsperformance.com/files/imagepicker/1/IMG_0618.jpg)